

3 steps to auditory comprehension

During the past years, a step-by-step procedure has turned out to be very promising.

Step 1:

Your **audioFitness**-technical adviser will carry out two tests that may tell much, when combined:

The *sound threshold audiogram* assesses the efficiency of your ears.

The *central audiogram* indicates how well your brain perceives and comprehends language, sound or noise information received by your ears.

Step 2:

For a chance of success, begin with **audioFitness** training. Here you will practice for 15 to 20 minutes per day with the Audio Trainer 3000. In order for you to adapt and benefit from the new mode of hearing, your **audioFitness** technical adviser will provide you with a customised hearing aid in which you will consistently wear for eight to ten hours per day for the next six to eight weeks.



Step 3:

After six weeks, the initial tests will be repeated to evaluate the progress achieved. Then your hearing aid will be optimally adapted for you and the training continues to lesser extent, permanently facilitating you with the best available auditory comprehension in everyday life.

The Audio Trainer 3000 provides

- Easy handling (only three keys)
- Hearing and comprehending exercise
- Improving your directional hearing
- Better comprehension of your interlocutors
- Exercise at home and on the go
- Patented training procedure
- over 15 years successfully in use ... with or without hearing aid

4 to 6 weeks of daily training of 15 to 20 minutes usually will be enough to improve perception, attention and linguistic comprehension. To maintain the good results, we recommend a subsequent 15-20 minutes exercise once per week.

Would you like to know more? Have a look online at www.hoerfit.eu and find your **audioFitness** technical adviser.



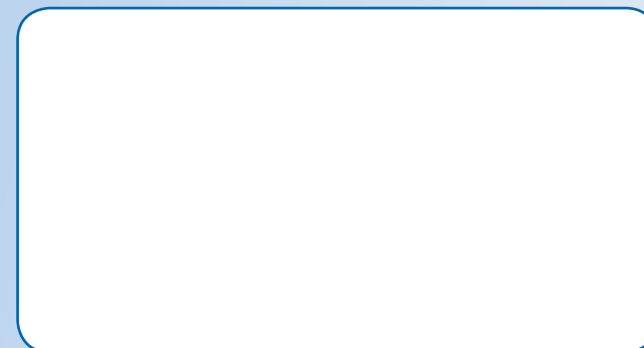
A part of a whole

The Audio Trainer 3000 was developed in close cooperation with scientists and hearing aid acousticians and is the central component of the co-ordinated **audioFitness** training.

The **audioFitness** programme helps you to evaluate the current performance of your auditory and linguistic capacity.

Then your **audioFitness** technical adviser and you will develop a customised training programme that works: The underlying Warnke® procedure is distinguished by its impressive success rates and many satisfied users.

Your **audioFitness** technical adviser



**Easier hearing
and understanding**

Dear customer,

Humans hear not only with their ears, but mainly with what's between their ears. Any information heard is first comprehended by the brain. This ability of 'hearing between the ears' skill is subject to a natural ageing process, regardless of the real (organic) hearing capacity of the ears.

This ageing process is slow. You may notice it, for example, by increasing noise sensibility.

The **audioFitness** training corrects this ageing process and improves your auditory comprehension in many important situations:

You will talk more relaxed again, even in a noisy environment.

You can better locate and comprehend information from different directions.

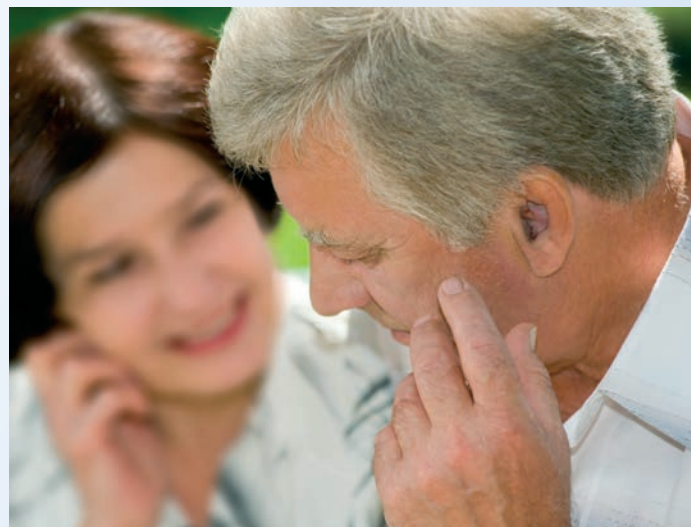
Talking on the phone will be easier, even though the colleagues nearby could be 'a little bit more quiet'.

You comprehend the subtle undertones again.

The provision of hearing aids is significantly facilitated by **audioFitness** training.

Your **audioFitness** technical adviser

Only 15-20 minutes per day for better hearing and comprehending



audioFitness exercise with hearing aids

Is your first supply with a hearing aid imminent or do you already wear a hearing aid?

The **audioFitness** training supports your optimised supply with hearing aids by distinctly improving your auditory comprehension.

A customised **audioFitness** exercise helps you learn how to handle your hearing aid in the best way possible.

You can continue to communicate actively and carefree in the future.

Improving senses for the everyday (job) life

You are professionally active. Perfect communication is one of your skills, both on the job and at home. Recently you noticed that sometimes you get tired faster. Once you used to ignore ambient noise, today it interferes more and more.

You may counter this development by doing something now: a daily training of 15 to 20 minutes will improve concentration, attention and linguistic comprehension - a progress that you will quickly feel.

